(Reason ⇔ Result)

As she was exhausted, she decided to quit the race.
Seeing that she was exhausted, she decided to quit the race.
Now that she was exhausted, she decided to quit the race.

In view of her exhaustion, she decided to quit the race.

(Result ⇔ Reason)

The reason why she decided to quit the race was that she was exhausted.
The reason why she decided to quit the race was because she was exhausted.

The reason for quitting the race was that she was exhausted.
The reason for quitting the race was because she was exhausted.

She decided to quit the race, on the grounds that she was exhausted.

(only Result)

She was exhausted, as a result she decided to quit the race.
She was exhausted, as a consequence she decided to quit the race.

She was exhausted, consequently she decided to quit the race.

She was exhausted, so she decided to quit the race.
She was exhausted, thus she decided to quit the race.
She was exhausted, therefore she decided to quit the race.

She was exhausted, for this reason she decided to quit the race.