



01. This **regimen** is performed ..... per day.

02. Get your face ..... but make sure you avoid .....

03. The more ..... the more Acne.

04. Do not **Rub**, ....., or **Have Prolonged contact with** your skin

05. If you follow the regimen **gently** you will have great .....

06. **Dispense** a generous ..... of **cleanser** on your **wet palm**.

07. Move your hands ..... and ..... to generate **thick lather**

(lather /lɑ:ðɜ:/)

08. Never use cleansing .....

09. **Apply** the thick lather with your ..... hands

10. Next, **rinse** your ..... and very gently **pat dry** with an **absorbent** .....

11. Once your skin is dry you're going to ..... benzoyl peroxide (the treatment)

12. Use a generous amount of benzoyl peroxide and begin very ..... **smearing** it around

13. Avoid the ..... area

14. The benzoyl peroxide **oxygenates** the ..... and ..... the Acne bacteria

15. Step 3 is to **moisturize** your .....

16. Make sure that during the day you leave your skin .....

**TASK:** Write an 80-word paragraph describe how we can treat Acne and prepare for an oral presentation in class.